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BRIDGEWATER POLICE WOMEN'S SELF DEFENSE COURSE

3 DAYS



**FREE 3 DAY SELF DEFENSE COURSE FOR
WOMEN OF BRIDGEWATER**

**JUNE 12
6PM-8:30PM**

**JUNE 19
6PM-8:30PM**

**JUNE 26
6PM-8:30PM**

CLASSROOM SESSIONS - HANDS-ON SEMINARS - NO EXPERIENCE NECESSARY

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